

NIDHIKA BAHL



POWERED BY
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BOOKS
media kit

THE
QUEEN
OF THE
Comeback

As Seen On...



**WAYS FOR
ANYONE TO
BOUNCE BACK
FROM LIFE'S
OBSTACLES**

Foreword by
GERRY ROBERT



Win at Everything from Careers & Wealth to
Relationships & Spirituality (And All Else in Between)

THE BOOK

DESCRIPTION

In *The Queen of the Comeback*, author Nidhika Bahl presents a holistic, integrated, principle-centered approach for solving personal and professional problems. She elucidates the fundamental lessons of self-mastery that will enable you to discover your true self, take control of your life, and harness the forces that shape your destiny. She shares her most effective strategies and techniques for mastering your emotions, your relationships, your finances, and your life.

You will learn much from these stories of vision and belief, passion and persistence, and struggles and setbacks of seven individuals who became key players in their domain. These individuals are not superheroes, geniuses, or heirs to great wealth, nor are they to be considered the lucky ones; rather, they are mere men and women who suffered major setbacks but found victory, despite all odds. The tales in *The Queen of the Comeback*, come from those of different fields and backgrounds, yet the message remains the same: We all have the ability to fight against major life obstacles and make things happen. Conviction, passion, a willingness to take risks, hard work, perseverance, and a strong why comprise the underlying thread in each memoir. These are stories of outstanding successes, crushing failures, extraordinary challenges, and relentless determination. Through these recollections of lives lived well, Nidhika reveals a pathway for living that empowers us to adapt to change and gives us the wisdom to take advantage of the opportunities that come with each and every obstacle in life.

LEARN HOW TO...

Have a life you can be proud of! Learn how to bounce back from life's obstacles. Discover how easily you can create personal change, amplify self-belief, take control of your life, and create massive success.

“Your circumstances and pain will either destroy you or drive you.”

—Nidhika Bahl



THE BOOK

UNCOVER IN THESE PAGES...

- Develop a clear target of what you want and learn how to unlock and unleash the forces inside that can help you break through any limit and create the quality of life you desire.
- Powerfully experience where you are in your life, envision a clear target of what you want in your life and why, and learn how to develop a plan to close the gap between the two.
- Learn how to dramatically empower yourself and live with the absolute certainty that you can accomplish anything by employing the right beliefs and strategies.
- Master the patterns of emotions and feelings that have impacted your progress in the past and possess the ability to manage your emotions under any and all circumstances.
- Learn specific steps you can take to create powerful habits that become automatic patterns for a healthier, vital life.
- Recognize the power of guts, resilience, initiative, and tenacity in shaping your destiny.
- Break the cycle of limiting self-belief and withstand any challenge life throws your way.



THE AUTHOR

Nidhika is an author, entrepreneur, elite speaker, and success coach. She earned her master's degree in finance from Lancaster University in the UK in 1999. After six successful years of corporate work in the US, Europe, and India, Nidhika realized that number-crunching was not her passion, as brilliant as she was at her job. With a new goal in mind, she bravely left her high-flying corporate career in 2005 in order to explore her other interests.

In 2006, she started her own media company, Parallel Circles Entertainment (PCE). As the founder and creative director of PCE, she had the privilege of working with some of the best-known organizations in the corporate world, including Procter and Gamble, Gillette, E-City Films Pvt. Ltd., Kotak Mahindra Bank, Neev Group, Voltas, Akzo Nobel, CRY Shiksha, ZOYA By Tata, and many more.

In 2008, Nidhika was diagnosed with major clinical depression. Even though this heartbreaking news left her feeling completely devastated, she was determined to bounce back. It was not an easy journey, but for six long years of relentless determination and undying faith, she learned to deal with the obstacles and hardships life threw at her during that time, one after another. Passionate and self-motivated, Nidhika repeatedly defied expectations and successfully demonstrated that in life, the only limits we have are those we place on ourselves. During those years of intense life transformation, Nidhika realised a greater calling, a passion to help people take immediate control of their mental, emotional, physical, and financial destiny. This inspired her to undertake a courageous quest for personal leadership, empowerment, and intentional living. She was determined to be nothing but the best in the domain of life transformation.

During her growth journey, Nidhika was trained and mentored by some of the great teacher leaders of the twenty-first century, like T. Harv Eker, Blair Singer,



Les Brown, Alex Mandossian, Paul Martinelli, John C. Maxwell, Denis Waitley, Clinton Swaine, Larry Gilman, Roddy Galbraith, and Gerry Robert.

In fact, Nidhika is a Certified Coach, Teacher, and Speaker on The John Maxwell Team, an Internationally Certified Success Coach, Theta Healing® Practitioner, Access Bars® Facilitator, Internationally Certified Master Facilitator, NLP (Neuro-Linguistic Programming) Master Practitioner, and Transformation Coach.

She now brings all this learning to her audiences with understanding, awareness, simplicity, love, and compassion. She knows what motivates, drives, and inspires people and readily shares that with anyone who will listen. Nidhika often says, "Life is too short to keep hitting the snooze button!" As such, she has made it her personal mission to help people awaken to the possibilities in their personal and professional lives. Nidhika is obsessed with providing solutions that inspire people to move out of mediocrity and take a front-row seat in their lives, to live out of their highest potential.

TESTIMONIALS



“This book emphasizes on how self-knowledge is key to bouncing back, sharing practical tips on how to change all facets of life and bounce back as a complete person. Engage in a full makeover with *The Queen of the Comeback!*”

—Caroline Bachot, author of *The Fastest Way to Happiness*



“A powerful, inspiring message based on real-life experience. Nidhika shows us how to face our fears and setbacks with courage and perseverance, and turn stumbling blocks into stepping-stones to success. A great role model in today’s turbulent times.”

—Denis Waitley, author of *The Psychology of Winning*



“*The Queen of the Comeback* is a warm, uplifting and inspiring book full of ideas and insights that anyone can use to improve any part of his or her life. The stories are heart-rending and extremely motivational. Nidhika has truly compiled a tremendous amount of wisdom. Its contents provide great insight into all dimensions of life. It should be read, reflected upon and reread over and over. It can change your life!”

—Paul Martinelli, International Speaker and Trainer



“In business and in life, the toughest sale of all is selling you to yourself! Particularly when facing seemingly insurmountable headwinds. Nidhika’s simple yet amazing story and her step by step learnable process will teach you how to be the champion of your own world.”

—Blair Singer, Entrepreneur and bestselling author of *Little Voice Mastery and Team Code of Honor*

BOOK INFO

Book Title: **The Queen of the Comeback**

Subtitle: **7 Ways for Anyone to Bounce Back from Life's Obstacles**

Win at Everything from Careers & Wealth to Relationships & Spirituality (And All Else in Between)

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